

## 2. számú melléklet

### FIGURAKATALÓGUS

#### 1. Általános meghatározások:

##### 1.1 Leírások

A Figurakatalógusban felsorolt figurák az alábbi kiadványok szerint értendők:

- Technique of Latin Dancing by Walter Laird
- Technique of Latin Dancing - SUPPLEMENT by Walter Laird
- The Ballroom Technique by the Imperial Society
- Technique of Ballroom Dancing by Guy Howard
- WDSF Technique books

##### 1.2 A Figurák

A figurakatalógus figurái osztályokra vannak bontva. Egy adott osztályban csak az adott osztályhoz felsorolt figurák táncolhatók, beleértve a figurákhoz tartozó megjegyzéseket (note, special note) is.

##### 1.3 Irányok, pozíciók, forgásmennyiségek

Az egyes figurák irányait, a kezdő és végpozícióit valamint a forgásmennyiségeit a táblázatok, vagy megjegyzések rovat szerint kell eltáncolni (kivéve figurák kötése esetén, lásd az 1.5 pontot). **A figurákat csak a felsorolt könyvek szerinti bontásban lehet táncolni.**

##### 1.4 Ritmika

A figurák csak a könyvben megengedett ritmusokban táncolhatóak.

##### 1.5 A figurák kötése

Amennyiben a kezdő és végpozíciók és a forgásmennyiségek lehetővé teszik, úgy az adott osztályban táncolható figurák szabadon köthetők egymással. Amennyiben a figurák egymáshoz kötése szükségessé teszi, a kezdő és végpozíciók irányai, és ezáltal a forgásmennyiségek változhatnak.

##### 1.6 Tartások

- A latin táncokban a kéztartás nélkül táncolt figurák időtartama maximum 4 ütem lehet, a lábváltást nem beleértve, kivétel, ha a figura a könyv szerint hosszabb ideig táncolható ezen a módon.
- Standard táncokban a tánc tartás kötelező

### **1.7 Bevezető lépések:**

A koreográfia megkezdése előtt egy ütemnyi preparáció megengedett az alábbiak szerint:

- Standard táncoknál: a bevonulásnak (felkérés is) és kivonulásnak (meghajlás is) egyértelműen el kell különbözni a koreográfiától. A koreográfia bevezetéseként egy ütemnyi bevezető lépés táncolható, de már a bevezető lépést is táncartásba kell táncolni.
- Latin táncoknál: a bevonulásnak (felkérés is) és kivonulásnak (meghajlás is) egyértelműen el kell különbözni a koreográfiától. A koreográfia bevezetéseként egy ütemnyi preparáció táncolható, mely maximum egy lépésből (előre, hátra vagy oldalra lépés) és egyéb testakciókból ( pl. csípő, felsőtest mozgások) állhat. A pózserű mozdulatokat, és a túlzott vertikális irányú mozdulatokat (pl. guggolás) kerülni kell!

### **1.8 Emelések**

Emelések nem megengedettek. Emelésnek számít, ha egy táncos a partnere segítségével egyszerre mindkét lábával eltávolodik a talajtól.

2. **STANDARD TÁNCOK**

**Angol Keringő**

| <b>E osztályban táncolható figurák</b>                                                                                                                                                                                                                                         | <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>C osztályban táncolható figurák</b>                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Closed change R to L<br>2. Closed change L to R<br>3. Natural Turn<br>4. Natural Spin Turn<br>5. Reverse Turn<br>6. Whisk<br>7. Chasse From Pp<br>8. Progressive Chasse to R<br>9. Outside Change<br>10. Turning Lock to L<br>11. Hesitation Change<br>12. Cross Hesitation | <b>Az E osztályos figurák +</b><br>13. Back Whisk<br>14. Fallaway Whisk<br>15. Basic Weave<br>16. Weave From Pp<br>17. Double Reverse Spin<br>18. Telemark<br>19. Open Telemark<br>20. Impetus Turn<br>21. Open Impetus Turn<br>22. Wing<br>23. Closed Wing<br>24. Outside Spin<br>25. Backward Lock Step<br>26. Turning Lock to R<br>27. Fallaway Reverse Slip Pivot<br>28. Reverse Pivot<br>29. Reverse Corte<br>30. Hover Corte<br>31. Drag Hesitation | <b>Az E és D osztályos figurák +</b><br>32. Fallaway Natural Turn<br>33. Running Spin Turn<br>34. Open / Passing / Natural Turn<br>35. Contra check<br>36. Left whisk |

**Tangó**

| <b>E osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>C osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>1. Tango Walk</li> <li>2. Progressive Side Step</li> <li>3. Brush Tap</li> <li>4. Progressive Link</li> <li>5. Closed Promenade</li> <li>6. Back Corte</li> <li>7. Natural Rock Turn</li> <li>8. Basic Reverse Turn</li> <li>9. Four Step</li> <li>10. Five Step</li> <li>11. Open Promenade</li> <li>12. Outside Swivel To L</li> <li>13. Outside Swivel To R</li> <li>14. Promenade Link</li> <li>15. Open Reverse Turn Lady Outside</li> </ol> | <p><b>Az E osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>16. Alternative Entries To Pp</li> <li>17. Back Open Promenade</li> <li>18. Fallaway Promenade</li> <li>19. Natural Promenade Turn /Natural Turn from Pp</li> <li>20. Natural Promenade Turn Into Rock Turn</li> <li>21. Rock On LF</li> <li>22. Rock On RF</li> <li>23. Progressive Side Step Reverse Turn</li> <li>24. Fallaway Four Step</li> <li>25. Open Reverse Turn Lady In Line</li> <li>26. Four Step Change</li> <li>27. Outside Swivel After 1-2 Of Reverse Turn /Reverse Outside Swivel</li> <li>28. Chase</li> <li>29. Alternative Endings To Chase</li> <li>30. Fallaway Reverse Slip Pivot</li> <li>31. Natural Twist Turn</li> </ol> | <p><b>Az E és D osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>32. Mini Five Step</li> <li>33. Whisk</li> <li>34. Back Whisk</li> <li>35. Reverse Pivot</li> <li>36. Outside Spin</li> <li>37. Open Telemark</li> <li>38. Open Natural Turn</li> <li>39. Owersway</li> <li>40. Drop Owersway</li> <li>41. Owersway Alternative Endings</li> <li>42. Contra check</li> </ol> |

**Quickstep**

| <b>E osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>C osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>1. Quarter Turn To R</li> <li>2. Quarter Turn To L</li> <li>3. Natural Turn</li> <li>4. Natural Turn With Hesitation</li> <li>5. Natural Spin Turn</li> <li>6. Progressive Chasse</li> <li>7. Quick Open Reverse</li> <li>8. Forward Lock Step</li> <li>9. Natural Turn Back Lock Step Running Finish</li> <li>10. Backward Lock Step</li> <li>11. Running Finish</li> <li>12. Cross Chasse</li> <li>13. Progressive chasse to R</li> </ol> | <p><b>Az E osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>14. Natural Pivot Turn</li> <li>15. Running Right Turn</li> <li>16. Zig Zag, Back Lock Step Running Finish</li> <li>17. Tipple Chasse To R</li> <li>18. Tipple Chasse To L</li> <li>19. Topsy To R</li> <li>20. Topsy To L</li> <li>21. Chasse Reverse Turn</li> <li>22. Reverse Pivot</li> <li>23. Impetus</li> <li>24. Open Impetus</li> <li>25. Telemark</li> <li>26. Open Telemark</li> <li>27. Four Quick Run</li> <li>28. Six Quick Run</li> <li>29. Cross Swivel</li> <li>30. Fish Tail</li> <li>31. V 6</li> <li>32. Change Of Direction /Drag Hesitation</li> <li>33. Hover Corte</li> <li>34. Rumba Cross</li> <li>35. Double reverse Spin</li> </ol> | <p><b>Az E és D osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>36. Open Natural Turn</li> <li>37. Outside Change</li> <li>38. Whisk</li> <li>39. Back Whisk</li> <li>40. Running Cross Chasse</li> <li>41. Outside Spin</li> <li>42. Running finish may be ended in PP</li> </ol> |

**Bécsi Keringő és Slowfox**

| <p><b>Bécsi Keringő</b></p> <p><b>D és C osztályban táncolható figurák</b></p>                                                                                                                                                             | <p><b>Slowfox</b></p> <p><b>C osztályban táncolható figurák</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>1. Natural Turn</li> <li>2. Reverse Turn</li> <li>3. Change from Natural to Reverse<br/>Turn forward or backward</li> <li>4. Change from Reverse to Natural<br/>Turn forward or backward</li> </ol> | <ol style="list-style-type: none"> <li>1. Feather Step</li> <li>2. Feather Ending</li> <li>3. Curved Feather</li> <li>4. Curved Feather From Pp</li> <li>5. Back Feather</li> <li>6. Hover Feather</li> <li>7. Reverse Turn</li> <li>8. Feather Finish</li> <li>9. Three Step</li> <li>10. Curved Three Step</li> <li>11. Whisk</li> <li>12. Back Whisk</li> <li>13. Change Of Direction</li> <li>14. Open Natural Turn</li> <li>15. Outside Swivel</li> <li>16. Telemark</li> <li>17. Open Telemark</li> <li>18. Natural Turn</li> <li>19. Natural Telemark</li> <li>20. Hover Telemark</li> <li>21. Hover Telemark to Pp</li> <li>22. Natural Hover Telemark</li> <li>23. Naturaltwist Turn</li> <li>24. Natural Twist Turn With Natural Weave<br/>Ending</li> <li>25. Natural Twist Turn with Closed Impetus<br/>and Feather Finish Ending</li> <li>26. Natural Twist Turn with Open Impetus<br/>Ending</li> </ol> |

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|  | <ul style="list-style-type: none"><li>27. Impetus Turn</li><li>28. Open Impetus Turn</li><li>29. Reverse Wave</li><li>30. Extended Reverse Wave</li><li>31. Weave</li><li>32. Weave From Pp</li><li>33. Natural Weave</li><li>34. Quick Natural Weave From Pp (Running Weave)</li><li>35. Quick Open Reverse</li><li>36. Top Spin</li><li>37. Hover Cross</li><li>38. Reverse Pivot</li><li>39. Fallaway Reverse Slip Pivot</li><li>40. Bounce Fallaway With Weave Ending</li><li>41. Natural Zig Zag From Pp</li><li>42. Double Reverse Spin</li><li>43. Outside Spin</li></ul> |
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3. **LATIN-AMERIKAI TÁNCOK****Cha cha cha**

| <b>E osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>C osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Close Basic<br>2. Open Basic<br><del>Side Steps</del><br>3. Time Step<br>4. <u>Basic In Place</u><br>5. <u>There and Back</u><br>6. <u>Hand To Hand to L</u><br>7. <u>Hand To Hand to R</u><br>8. <u>Check From Open Cpp (New York to R)</u><br>9. <u>Check From Open Open Pp (New York to L)</u><br>10. Shoulder To Shoulder<br>11. <u>Three Cha Chas to R</u><br>12. <u>Three Cha Chas to L</u><br>13. <u>Spot Turn To L</u><br>14. <u>Spot Turn To R</u><br><del>Switch Turn To L And R</del><br>15. <u>Underarm Turn To R</u><br>16. <u>Underarm Turn To L</u><br>17. Fan<br>18. Alemana<br>19. <u>Alemana from Open Position</u><br>20. Hockey Stick<br>21. <u>Hockey Stick to chasse (Hockey Stick</u> | <b>Az E osztályos figurák +</b><br>25. Sweetheart<br>26. Aida<br>27. Cuban Break In Open Position<br>28. <u>Cuban Break In Open CPP</u><br>29. <u>Split Cuban Break In Open Cpp</u><br><del>Fan Developement</del><br>30. Turkish Towel<br>31. Follow My Leader<br>32. Closed Hip Twist<br>33. <u>Close Hip Twist to Chasse (Close Hip Twist Turned to Open CPP)</u><br>34. Close Hip Twist Spiral<br>35. Open Hip Twist Spiral<br><del>Spiral</del><br>36. Curl<br>37. Cross Basic<br>38. <u>Cross Basic with Turn</u><br>39. <u>Cross Basic to Open Position</u><br>40. Natural Top<br>41. <u>Methods Of</u> | <b>Az E és D osztályos figurák +</b><br>42. Syncopated Open Hip Twist<br>43. <u>Split Cuban Break to R</u><br>44. <u>Split Cumba Break to L</u><br>45. <u>Cuban Breaks to R</u><br>46. <u>Cuban Breaks to L</u><br>47. <u>Split Cuban Break From Open Cpp And Open Pp</u><br>48. Rope Spinning<br>49. Reverse Top<br>50. Opening Out From Reverse Top<br>51. Guapacha timing az alább felsorolt figurákban |



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| <p>Turned to Open CPP)</p> <p>22. Open Hip Twist</p> <p>23. Open Hip Twist to chasse (Open Hip Twist Turned to Finish in Open CPP)</p> <p>24. Methods Of Changing Feet</p> <ul style="list-style-type: none"> <li>▪ Simple Foot Change</li> <li>▪ Chasse To Right Side Link</li> <li>▪ <a href="#">Method 1 (Walter Laird könyv)</a></li> <li>▪ <a href="#">Method 2 (Walter Laird könyv)</a></li> <li>▪ <a href="#">Method 3 (Walter Laird könyv)</a></li> </ul> | <p>Changing Feet :</p> <ul style="list-style-type: none"> <li>▪ Lock To Right Side Link</li> <li>▪ Link to Open Opposing Position</li> </ul> |  |
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### **Guapacha timing a Cha cha chaban (csak C osztályban)**

Az alábbi figurák táncolhatóak Guapacha timinggal:

- Close basic
- Cross basic
- Time step
- Fan
- Turkish towel
- Check from Open CPP and Open PP

### **Right and Left Side Same (Shadow) Position-ben táncolható figurák:**

- E osztály: Ronde Chasse, Hip Twist Chasse, Slip Close Chasse, Cha-cha-cha Lock Fwd and Bwd, Three Cha-cha-cha Lock Fwd and Bwd, Time Step, Basic in Place, Close Basic, Open Basic, Spot Turn to R and L, .Times Step, There and Back, Three Cha-chas to R and L
- D és C osztály: Ronde Chasse, Hip Twist Chasse, Slip Close Chasse, Cha-cha-cha Lock Fwd and Bwd, Three Cha-cha-cha Lock Fwd and Bwd, Time Step, Basic in Place, Close Basic, Open Basic, Spot Turn to R and L, .Times Step, There and Back, Three Cha-chas to R and L, Cuban Breaks to R and L, Split Cuban Break to R and L

**Rumba**

| E osztályban táncolható figurák                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | D osztályban táncolható figurák                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | C osztályban táncolható figurák                                                                                                                                                                                                                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1. Close Basic Movement</p> <p>2. Open Basic Movement</p> <p>3. Alternative Basic Movement</p> <p>4. Progressive Walks Fwd And <b>Bwd</b></p> <p>5. <b>Progressive walks finished to fan</b></p> <p><del>Side Steps</del></p> <p><del>Cucharachas</del></p> <p>6. Side Step And Cucharachas (Side and Cucharachas)</p> <p>7. <b>Hand To Hand to R</b></p> <p>8. <b>Hand To Hand to L</b></p> <p>9. <b>Check From Open Cpp (New York to R)</b></p> <p>10. <b>Check From Open Pp (New York to L)</b></p> <p>11. Shoulder To Shoulder</p> <p>12. <b>Spot Turn To R</b></p> <p>13. <b>Spot Turn To L</b></p> <p><del>Switch Turn To R And L</del></p> <p>14. <b>Underarm Turn To R</b></p> <p>15. <b>Underarm Turn To L</b></p> <p>16. Fan</p> <p>17. Open Hip Twist</p> <p>18. <b>Open Hip Twist Finished to Side</b></p> <p>19. Hockey Stick</p> <p>20. <b>Hockey Stick Finished to Side</b></p> | <p><b>Az E osztályos figurák +</b></p> <p>23. Fallaway ( Aida )</p> <p>24. Cuban Rocks</p> <p>25. <b>Fencing To Spin (Fencing)</b></p> <p>26. Sliding Doors</p> <p>27. <b>Advanced Sliding Doors</b></p> <p><del>Fan Development</del></p> <p>28. <b>Natural Opening Out To R</b></p> <p><del>Advanced Opening Out Movement</del></p> <p>29. Close Hip Twist</p> <p>30. <b>Close Hip Twist Finished to Side</b></p> <p><del>Advanced Hip Twist</del></p> <p>31. Continuous Hip Twist</p> <p>32. Spiral</p> <p>33. <b>Spiral Finished to Side</b></p> <p>34. <b>Spiral to Fan</b></p> <p>35. Curl</p> <p>36. <b>Curl Finished to Side</b></p> <p>37. Rope Spinning</p> <p>38. Natural Top</p> <p>39. Reverse Top</p> <p>40. Opening Out From Reverse Top</p> <p>41. <b>Opening Out To R And L (Opening Out)</b></p> | <p><b>Az E és D osztályos figurák +</b></p> <p>42. Syncopated Open Hip Twist</p> <p>43. Three Threes</p> <p>44. <b>Three Threes to fan</b></p> <p>45. Three Alemanas</p> <p>46. Continuous Circular Hip Twist</p> <p>47. <b>„Habanera” ritmika (2 &amp; 3 4.1) a fan pozícióban végződő figurákban</b></p> |

MTáSZ Versenytánc Szakág Versenyszabályzat - 2. számú melléklet

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| 21. Alemana                  |  |  |
| 22. Alemana Finished to Side |  |  |

**Jive**

| <b>E osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>C osztályban táncolható figurák</b>                                                                                                                                                                        |
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| <ol style="list-style-type: none"> <li>1. Basic In Place</li> <li>2. Basic In Fallaway</li> <li>3. Link /Advanced Link, , Break is/</li> <li>4. <u>Ball Change</u></li> <li>5. Change Of Place R To L</li> <li>6. Change Of Place L To R</li> <li>7. Change Of Hands Behind Back (Change Of Place Behind The Back)</li> <li>8. Stop And Go</li> <li>9. Left Shoulder Shove (Hip Bump)</li> <li>10. American Spin</li> <li>11. Promenade Walks Slow</li> <li>12. Promenade Walks Quick</li> <li>13. Windmill</li> </ol> | <p><b>Az E osztályos figurák +</b></p> <p><del>Change Of Place R To L With Change Of Hands</del></p> <p><del>Change Of Place L To R With Change Of Hands</del></p> <ol style="list-style-type: none"> <li>14. Overturned Change Of Place L To R</li> <li>15. Simple Spin</li> <li>16. Rock to Simple Spin</li> <li>17. Shoulder Spin</li> <li>18. Whip</li> <li>19. Double Cross Whip</li> <li>20. Throwaway Whip</li> <li>21. Curly Whip</li> <li>22. Reverse Whip</li> <li>23. Fallaway Throwaway</li> <li>24. <u>Overturned Fallaway Throwaway</u></li> <li>25. Chicken Walks</li> <li>26. Spanish Arms</li> <li>27. Rolling Off The Arm</li> <li>28. Toe Heel Swivels</li> <li>29. Mooch</li> <li>30. <u>Miami Special</u></li> </ol> | <p><b>Az E és D osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>31. Chugging</li> <li>32. Catapult</li> <li>33. Change Of Place With Double Spin</li> <li>34. Flicks Into Break</li> </ol> |

**Samba**

| <b>D osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>C osztályban táncolható figurák</b>                                                                                                                                       |
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| <p><del>Rhythm Bounce</del></p> <ol style="list-style-type: none"> <li>1. Natural Basic Movement</li> <li>2. Reverse Basic Movement</li> <li>3. Side Basic Movement to L</li> <li>4. Side Basic Movement to R</li> <li>5. Progressive Basic Movement</li> <li>6. Outside Basic Movement</li> <li>7. Samba Whisk To L</li> <li>8. Samba Whisk To R</li> <li>9. Promenade Samba Walks</li> <li>10. Side Samba Walk</li> <li>11. Stationary Samba Walks</li> <li>12. Cruzados Walks In Shadow Position</li> <li>13. Cruzados Locks In Shadow Position</li> <li>14. Samba Locks Lady on Right Side (In Open Pp)</li> <li>15. Samba Locks Lady on Left Side (In Open Cpp)</li> <li>16. Travelling Botafogo Fwd</li> <li>17. Travelling Botafogo Bwd To PP</li> <li>18. Promenade To Counter Promenade Botafogos</li> <li>19. Shadow Botafogos (Criss Cross Botafogo)</li> <li>20. Same Foot Botafogo (Contra Botafogos)</li> <li>21. Simple Volta To R And L</li> <li>22. Criss Cross Volta To R</li> <li>23. Criss Cross Volta To L</li> <li>24. Travelling Voltas To R</li> <li>25. Travelling Voltas To L</li> </ol> <p><del>Shadow Travelling Volta</del></p> | <p><b>A D osztályos figurák +</b></p> <ol style="list-style-type: none"> <li>48. Natural Roll</li> <li>49. Carioca Runs</li> <li>50. Reverse Roll (In Close Hold)</li> </ol> |

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| <p><del>Shadow Circular Volta</del></p> <p>26. Continuous Volta Spot Turn To R<br/>(Maypole Lady Turning Right)</p> <p>27. Continuous Volta Spot Turn To R<br/>(Maypole Lady Turning Right)</p> <p>28. Volta Spot Turn To R For Lady<br/>(Underarm Turning Right)</p> <p>29. Volta Spot Turn To L For Lady<br/>(Underarm Turning Left)</p> <p><del>Solo Volta Spot Turn To R Or L</del></p> <p>30. Circular Voltas Turning Right</p> <p>31. Circular Voltas Turning Left</p> <p>32. <u>Roundabout</u></p> <p>33. Argentine Crosses</p> <p>34. Reverse Turn</p> <p>35. Rolling Off The Arm</p> <p>36. Close Rocks</p> <p>37. Open Rocks</p> <p>38. Backward Rocks</p> <p>39. Corta Jaca</p> <p>40. Same Position Corta Jaca</p> <p>41. Plait</p> <p>42. Promenade To Counter Promenade<br/>Runs</p> <p>43. Double Spiral Turn /Three Step Turn</p> <p>44. <u>Foot Changes</u></p> <ul style="list-style-type: none"> <li>▪ <u>Foot Change Method 1</u></li> <li>▪ <u>Foot Change Method 2</u></li> <li>▪ <u>Foot Change Method 3</u></li> </ul> <p>45. Dropped Volta</p> <p>46. Side Samba Chasses</p> <p>47. Drag</p> |  |
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Shadow /Same/ Positionban táncolható figurák:

Stationary Samba Walks, Man's steps of Criss Cross Botafogo, Travelling Volta To R, Travelling Volta To L, Criss Cross Volta to R, Criss Cross Volta to L, Corta Jaca, Same Position Corta Jaca, Carioca Runs, Cruzados Walks, Cruzados Locks, Circular Voltas

**Paso Doble**

| <b>C osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>C osztályban táncolható figurák</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>1. Appel</li> <li>2. Sur Place</li> <li>3. Basic Movement</li> <li>4. Chasse To R</li> <li>5. Chasse To L</li> <li><del>6. Placement</del></li> <li>6. Attack</li> <li>7. Drag</li> <li>8. Promenade Close</li> <li>9. Promenade Link</li> <li>10. Promenade</li> <li>11. Huit</li> <li>12. Sixteen</li> <li>13. La Passe</li> <li>14. Banderillas</li> <li>15. Spanish Line</li> <li>16. Flamenco Taps</li> <li>17. Separation</li> <li>18. Separation With Fallaway Ending</li> <li>19. Separation With Lady's Caping Walks</li> <li>20. Syncopated Separation</li> <li>21. Fallaway Whisk ( Ecart )</li> <li>22. Fallaway Reverse</li> <li>23. Promenade To Counter Promenade</li> <li>24. Grand Circle</li> <li>25. Travelling Spins From Pp</li> </ol> | <ol style="list-style-type: none"> <li>26. Travelling Spins From Cpp</li> <li>27. Twist Turn</li> <li>28. Twists</li> <li>29. Chasse Cape</li> <li><del>Endings To Chasse Cape</del></li> <li>30. Farol</li> <li>31. Fregolina</li> <li>32. Foot Changes: <ol style="list-style-type: none"> <li>a) One Beat Hesitation</li> <li>b) Syncopated Sur Place</li> <li>c) Left Foot Variation</li> <li>d) Coup De Pique Changing From LF to RF</li> <li>e) Coup De Pique Changing From RF to LF</li> <li>f) Coup De Pique Couplet</li> <li>g) Syncopated Coup De Pique</li> </ol> </li> <li>33. Alternative Entries To Pp <ol style="list-style-type: none"> <li>a) Method 1</li> <li>b) Method 2 -Open Telemark</li> <li>c) Method 3</li> </ol> </li> </ol> |